Kinesiology

Degree
Kinesiology, Associate in Arts for Transfer
Kinesiology
Associate in Arts Degree for Transfer

The Associate in Arts in Kinesiology for Transfer (AA-T) is intended for all students who plan to complete an Associate in Arts in Kinesiology. This degree is especially valuable for those students planning on completing a bachelor’s degree in Kinesiology at a CSU campus because the Associate in Arts in Kinesiology for Transfer guarantees admission to the CSU system (but not to a particular campus or major).

Students transferring to a CSU campus that does accept the Associate in Arts in Kinesiology for Transfer will be required to complete no more than 60 units after transfer to earn a bachelor’s degree (unless the major is a designated “high-unit” major).

This degree may not be the best option for students intending to transfer to a particular CSU campus or to university or college that is not part of the CSU system. Students should consult with a counselor when planning to complete the degree for more information on university admission and transfer requirements. This degree eliminates the additional Bakersfield College graduation requirements.

Requirements for AA-T or AS-T degrees:
The completion of 60 semester units that are eligible for transfer to the California State University, including both of the following:
• The Intersegmental General Education Transfer Curriculum (IGETC) or the California State University – Breadth Requirements.
• A minimum of 18 semester units in a major area of emphasis, as determined by the district.

Total Units: 21-24
Required Courses
Course # Name Units
BIOL B32 Human Anatomy and Physiology I 4.0
BIOL B33 Human Anatomy and Physiology II 4.0
PHED B42 Introduction to Kinesiology 3.0
PHED B2SB Aquatics: Beginning Swimming 1.0
PHED B3ADP Adaptive Physical Education 1.0
PHED B6A Coeducational Team and Individual Activity: Archery 1.0
PHED B6BB Coeducational Team and Individual Activity: Basketball 1.0
PHED B6BLB Coeducational Team and Individual Activity: Beginning Ballet 1.0
PHED B6FCX Coeducational Team and Individual Activity: Fitness Center 1.0
PHED B6G Coeducational Team and Individual Activity: Golf 1.0
PHED B6JD Coeducational Team and Individual Activity: Jazz Dance 1.0
PHED B6SC Coeducational Team and Individual Activity: Soccer 1.0
PHED B6T Coeducational Team and Individual Activity: Tennis 1.0

PHED B6WT Coeducational Team and Individual Activity: Weight Training 1.0
PHED B6V Coeducational Team and Individual Activity: Volleyball 1.0
PHED B32 Shape Up 3.0

List A - Select at least 7 units from the following:
MATH B22 Elementary Probability and Statistics 4.0
or
PSYC B5 Elementary Statistics for the Behavioral and Social Sciences 4.0
CHEM B11 Introduction to General, Organic, and Biochemistry 5.0
PHYS B2A General Physics-Mechanics and Heat 4.0
PHED B36 First Aid and CPR 3.0

Category
Units in Major 21-24
CSU GE Breadth 37-39
Possible double counting of GE’s 7-10
Degree Total 60.0

Program Learning Outcomes
Upon successful completion, the student will:
• analyze the history, research, and current information in Kinesiology and their current applications.
• demonstrate and explain the basic anatomy and physiological principles at work in both sport performance and general fitness activities.
• demonstrate an understanding of the value and significance of physical activity for human development, human interactions and quality of life.
• demonstrate and describe the primary aspects of injury and trauma response as a first responder.
• recognize the principles of physical fitness development and maintenance as well as the body’s responses to physical activity.