Community member announced as candidate for Board of Supervisors

By Mariah Olivarez Reporter

Longtime Community activist Emilio Huerta, announced his candidacy for the Kern County Board of Supervisors for District 4 on Oct. 29.

Huerta is the current general counsel for the Dolores Huerta Foundation which is a nonprofit organization that is dedicated to helping the lives of low-income residents.

Since a young age, Huerta has seen struggle and dedicated his time to helping those in need. When he was only 16 Huerta dropped out of high school and went on to become a full-time volunteer for the United Farm Workers Union and at the age of 20 he was then trained as a labor negotiator to represent Farm Workers all throughout California.

After these successes Huerta went on to California State University of Bakersfield and received a Bachelor of Arts degree in political science and a Juris doctorate degree from Santa Clara University School of Law.

Huerta was also a part of the Cesar Chavez Foundation, as a general council member, who developed more than $500 million in affordable housing for low-income residents in Kern county.

In 2016 Emilio became the Democratic party nominee, to fill California’s 21st Congressional District.

On Oct. 29th, Huerta issued a statement that said, “I’ve decided to run for the Board of Supervisors because it’s time to boldly address and implement real solutions to the problems families are facing in Kern County. As a longtime resident of Kern County, I know the needs and the promise, once he is supervisor, to halt industries from polluting groundwater with pesticides and chemicals, to fight for affordable housing and to ensure that there will be access to clean water. He promises, once he is supervisor, to fight for the community is safe for children by supporting earthquake retrofitting and improved fire safety.”

Safety for Kern County Families

Emilio stated within this agenda that he will fight to restore the cuts to anti-gang programs, to advocate for equitable pay and benefits for first responders, promote police training in de-escalation and cross-cultural skills and adequate funding for after-school programs.

Clean water for Kern County Families

Huerta explains that it is a human right to have access to clean water. He promises, once he is supervisor, to halt industries from polluting groundwater with pesticides and chemicals.

The best educational opportunities for Kern County Families

Huerta promises to fight in creating partnerships with local schools to focus on vocational education needs.

Cleaner schools for Kern County Families

Huerta states that he will fight to ensure that there will be access to Covered California healthcare for more Kern County residents and that non-profit clinics are also fully funded for those without access to insurance.

Excellent Healthcare for Kern County Families

Huerta stresses that he will fight to ensure that there will be access to Covered California healthcare for more Kern County residents and that non-profit clinics are also fully funded for those without access to insurance.

Kern County Veterans support

Huerta ensures that he will fight to have available delivery of social services to returning veterans, and to recruit veterans for public service and private sector careers.

An end to the homelessness crisis for Kern County Families

Huerta promises to have an increase in funding for services for social and mental health issues for homeless persons along with transitional and permanent housing for homeless Kern County residents.

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Safe schools for Kern County Families

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Access to quality affordable housing for Kern County Families

Huerta states, he will fight, in low- and moderate-income housing, for increased investments. He promises to make sure the “35 opportunity zones” in Kern County will be used for low income housing investments creating opportunities for those in need.

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An end to the homelessness crisis for Kern County Families

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Recent study measures the impact of immigrants on the United States economy

By Jacqueline Gutierrez Reporter

The impact of immigrants on the U.S. economy is being measured by the New American Economy in a study from 2017.

The New American Economy is a bipartisan company that used data from the 2017 community survey to map the positive impact of immigrants in the United States, according to Sona Rai, the communications director of the New American Economy.

“They [immigrants] contribute in a sense what every population contributes, but they [immigrants] have specific characteristics. Like in general it is often thought that immigrants from Mexico or further South come get agricultural jobs. The famous thing about doing jobs that Americans won’t do,” said Michael Harvath, an economics professor at Bakersfield College.

On the New American Economy website there is a tool called “Map the Impact” which allows users to view the impact of immigrants throughout the United States.

Immigrants make up 13.6 percent of the population in the United States, according to the New American Economy.

In California, immigrants make up 26.9 percent of the population and the immigrant spending power is $282.2 billion, according to the New American Economy.

In California, there are nearly 1.9 million citizens employed by immigrant-owned firms, according to the New American Economy.

The metro area in Bakersfield is part of the 21st district, which is represent by TJ Cox (D-Calif.), and the 23rd district, which is represented by Kevin McCarthy (R-Calif.).

In the Bakersfield metro area immigrants make up 19.8 percent of the population, or 176,930 individuals, of that number 9,743 are entrepreneurs, according to the New American Economy website.

In the metropolitan Bakersfield area in the age group 16-64 82.8 percent of the population is foreign born and in the same age group only 58.7 percent were born in the United States, according to the New American Economy.

Again, we look at what the demographic is doing [DMAA recipients] in the situation a lot of the demographic is going to college. The short run impact would be on colleges there is a less demand for college teachers. In the long run if these people are going to college in 10-20 years they would be tax payers. So, it would affect the budget of California,” said Harvath.

The New American Economy conducted this study in the United States because many people know that immigrants do help the economy and the impact positively impact Americans, according to Rai.

“What I’m observing is there is not one nice simple rule what do immigrants do to the economy and what immigrants do to the government deficit versus surplus. You got to think about what are the demographic characteristics. Are you talking about immigrants as a whole, immigrants who want free healthcare, or immigrants in their third year of college,” said Harvath.
Twitter will begin banning political advertisements from user timelines

By Bianca Cacciola  Reporter

Following the faux of “fake news” hitting social media platforms during the 2016 presidential election, Twitter will ban political advertising on the site starting November 2019.

The CEO of Twitter, Jack Dorsey, made the announcement days after Congress and the public collectively disapproved of Facebook CEO Mark Zuckerberg’s decision to refuse fact-checks on ads that are posted to Facebook.

“While internet advertising is incredibly powerful and very effective for commercial advertisers, that power brings significant risks to politics, where it can be used to influence votes to affect the lives of millions,” Dorsey said on Twitter. The decision comes after many videos have been manipulated and have mislead people’s opinions with information that has been stretched from the truth. These ads run on social media sites due to the companies paying for ads to be sponsored or highlighted across people’s timelines or feeds.

“Internet political ads present entirely new challenges to civic discourse [...] machine learning-based optimization of messaging and micro-targeting, unchecked misleading information, and deep fakes. All at increasing velocity, sophistication, and overwhelming scale,” Dorsey wrote. “We’re well aware we’re a small part of a much larger political advertising ecosystem. Some might argue our actions today could favor incumbents. But we have witnessed many social movements reach massive scale without any political advertising. I trust this will only grow.”

This move by Twitter has divided the political world. While most Democrats have praised the new policy, such as former presidential candidate Hillary Clinton and Montana State Gov. Steve Bullock, it has been criticized by many Republicans. “This is yet another attempt to silence conservatives, since Twitter knows President Trump has the most sophisticated online program ever,” Brad Parscale, Trump’s campaign manager, said.

Contrary to Parscale’s statement regarding Twitter’s policy change, Joe Biden’s campaign deputy of communication, Bill Russo, commended the site for favoring truth over money.

“When faced with choice between ad dollars and the integrity of our democracy, it is encouraging that, for once, revenue did not win out,” Russo said.

An exception to the ban will be organizations promoting issues not directly dealing with a legislative problem. For example, ads running to raise awareness on climate change could be a part of the exception, whereas ads calling for a new legislative act for climate change will not be permitted.

Houchin Community Blood Bank unveils veterans wall of honor at Bolthouse center

By Bianca Cacciola  Reporter

Houchin Community Blood Bank unveiled the latest addition to their Bolthouse Drive donor center on Nov. 9. The debut of a veteran’s wall honored the men and women who have served the country in all branches of the military.

“The theme of our Veteran’s Wall of Honor is service and sacrifice to our community,” said Brad Bryan, Houchin’s CEO and current Lieutenant Commander in the Coast Guard Reserve.

The Veteran’s Wall of Honor had glass frames of the seals on the wall for each branch of the military along with insignias that run down below the seals. Houchin made the decision to design a wall that would resonate with the Bakersfield community and the veterans that donate blood.

All who attended the event were welcomed by patriotic decorations and an opening presentation by Bryan. “Kern County has 40,000 veterans and many of those veterans come in here every day, every week, on a regular basis, and they donate blood. So, they continue their life saving mission, not just in the military, but in the rest of their lives,” Bryan said.

Veterans from all branches showed up in uniform or clothes identifying them with which part of the military they served. Special options were available for those who wanted to donate blood, such as donating your blood in honor of any military reserve and getting a special commemorative pin for those who have served.

“It’s an honor to be able to see this. Unfortunately, in the process, some pay the ultimate sacrifice. So, it is nice to come here and look at this and be part of it,” Santiago Cornejo, who served in the U.S. Navy from 1988-2012 and is also a former BC student, said.

“The unveiling for the Wall of Honor at the Bolthouse Drive donor center location that held a ceremony in to celebrate the addition of the wall. The wall consists of glass framed seals for each branch of the military and insignias run down the wall beneath the seals.

Houchin Blood Bank CEO Brad Bryan giving opening remarks at the unveiling for the Wall of Honor at the Bolthouse Drive donor center on Nov. 9.
“12 Angry Jurors” at BC

By Angel Magdaleno
Special to the Renegade Rip

There are 12 people sitting at a long table in a jury room. They are discussing the fate of a teen who is being charged as an adult for allegedly murdering his father. They must decide unanimously whether he is innocent or guilty. If they can’t come to a decision unanimously, they are a hung jury and a new jury will be chosen to decide his fate. This is the story that the Bakersfield College Theater Arts department will convey in director Kimberly Chin’s production of “12 Angry Jurors.”

The play is being presented in PAC 107, also known as the Black Box, through Nov. 23. The layout of the stage is in an alleyway setup, meaning that it is long and narrow with the audience on all sides of the cast during the play.

“None of the cast members have ever been in an alleyway production setup,” Chin said. She explained that she has been working with the cast to move in such a way that they don’t stack with each other and block the audience’s view of each character. Both Jovani Morales, who is playing Juror 5, and Vanessa Beltran, who is playing Juror 4, said that picking up on each other’s cues has been challenging due to the set up. They have to play their parts and angle to be seen and heard by everyone in the room, not just fellow actors, but the audience as well. This production is a rendition of writer Reginald Rose’s famous teleplay “12 Angry Men,” which has been adapted by Sherman L. Sergel. The original teleplay featured cast of all white men, but in this production, Chin explained that there is a more diverse cast. “There are lots of social and political messages being conveyed based on who was cast,” Chin said. “There is a racial divide in society, and it will be seen within the play.”

There will be lots of social commentary throughout the play, according to theater arts major Maria Vega. Vega will be playing Juror 10 in the production. She said she would like to see more of the audience present in the theater.

Theater doors will open at 7 p.m. each night, and 1:30 p.m. for the matinee performance. The cost of each ticket is $12 for general admission and $8 for BC students.

Renegade Events

Campus Events

Nov. 21: UC Transfer Application Workshop, CSS 151, 11:00 a.m. to 1:00 p.m.
Nov. 21: Delano CSU Apply Transfer Application Workshop, Delano - DST 119, from 2:00 p.m. to 4:00 p.m.
Nov. 21: Daily Bread, Levinson Hall, from 8:00 a.m. to 5:00 p.m.
Nov. 21: Child Development Film Festival, Indoor Theater, from 4:00 p.m. to 5:00 p.m.
Nov. 21: 12 Angry Jurors, Black Box Theatre (PAC 107), from 7:30 p.m. to 10:00 p.m.
Nov. 22: CSU Apply Transfer Application Workshop, CSS 151, from 10:00 a.m. to 12:00 p.m.
Nov. 22: 12 Angry Jurors, Black Box Theatre (PAC 107), from 7:30 p.m. to 10:00 p.m.
Nov. 23: 12 Angry Jurors, Black Box Theatre (PAC 107), from 2:00 p.m. to 4:30 p.m.
Nov. 23: 12 Angry Jurors, Black Box Theatre (PAC 107), from 7:30 p.m. to 10:00 p.m.
Nov. 25: Daily Bread, Levinson Hall, from 8:00 a.m. to 5:00 p.m.
Nov. 26: CSU Apply Transfer Application Workshop, CSS 151, from 12:00 p.m. to 2:00 p.m.
Nov. 26: UC Transfer Application Workshop, CSS 151, from 2:00 p.m. to 4:00 p.m.
Nov. 26: Daily Bread, Levinson Hall, from 8:00 a.m. to 5:00 p.m.
Nov. 27: Classes starting at 5:30 p.m. and later will not be held.
Nov. 27: UC Transfer Application Workshop, CSS 151, from 9:00 a.m. to 11:00 a.m.
Nov. 27: Daily Bread, Levinson Hall, from 8:00 a.m. to 5:00 p.m.
Nov. 28: Thanksgiving Holiday
Nov. 29: Thanksgiving Holiday
Nov. 28: Daily Bread, Levinson Hall, from 8:00 a.m. to 5:00 p.m.
Dec. 01: The Human Library, Library Reading Room, from 10:00 a.m. to 1:00 p.m.
Dec. 01: Daily Bread, Levinson Hall, from 8:00 a.m. to 5:00 p.m.
Dec. 03: Dave Gutierrez - Vet Month Special Speaker, Levon Center, 1801 Panorama Dr., from 1:00 p.m. to 3:00 p.m.
Dec. 03: Daily Bread, Levinson Hall, from 8:00 a.m. to 5:00 p.m.
Dec. 04: Season of Light, Planetarium, Math-Science 112, from 7:30 p.m. to 9:00 p.m.
Dec. 04: Burritos with BCSGA Prez Pulido - Town Hall Meeting, LEV40, Levinson Hall, from 11:00 a.m. to 1:00 p.m.
Dec. 06: CPR, AED & First Aid Certification Course, Library Room L149, from 8:00 a.m. to 5:00 p.m.
Dec. 05: Concert Band and Orchestra Winter Concert, Edward Simonsen Performing Arts Center (Indoor Theater), from 7:30 p.m. to 10:00 p.m.

PHOTO COURTESY OF BC THEATER

The Bakersfield College Theater Arts department is presenting “12 Angry Jurors” at the Black Box Theatre, on Nov. 20, 21, 22, and 23.
Forensics hosts mock crime scene for students

By Isabel Enciso
Reporter

Bakersfield College Forensics Professor Pam Smith and students worked on a mock Hall- loween crime scene in the Language Arts Building basement during the fall semester. The forensic evidence class gives students the opportunity to learn what forensic evidence is and how it’s used in the court system.

The mock crime scene was set up so Bakersfield College students can learn how to take evidence and to link it back to the suspect. “In forensics, the evidence that we don’t see like a fingerprint, footprint, or semen, we [...] use a type of chemical to bring [it] out,” Smith said.

A dummy was set out, laying on the couch in blood along with a bullet casing nearby on the ground. Alcohol, candles, computers, and Halloween decorations were spread out around the taped off area. The class was split in teams of five students each, with individuals playing a different part in order to seem like a real investigation team. The team leader took the part of the lead investigator who was in charge of the crime scene. Along with the lead, there was a photographer who took photos of the taped off area and the marked area, a sketch artist who drew the scene and the suspect may look like, a technician that dusted the fingerprints and other evidence, and a victim who was questioned if it all happened at the crime scene.

“This mock scene was different from the others. It was a Halloween party that went wrong, with [the chance] to find fingerprints, hair samples, and other things to find the suspects,” BC student, Elizabeth Gomez said.

Each team was sent down one at a time and given a specific amount of time to find the evidence. The teams worked on the crime scene thoroughly and find more evidence to help them get closer to finding the suspect they needed to catch.

Rad Tech Celebrates 50th Anniversary on BC campus

By Tiara McCormick
Reporter

In a classroom full of students, support- ers, and past/present program directors, Bakersfield College ele- brated the Radiologic Technology program’s 50th anniversary with refreshments, a showcase of equipment, and conversation. The event was held on campus and was honored by special guest Chris Parlier from the Mayor’s office. The Mayor’s office present- ed the program with an award for educational excellence and recogni- tion from the community to celebrate 50 years.

The Rad Tech pro- gram began in 1958 at Mercy Hospital and was led by Perris Boyce. At that time there were different requirements, the program was only available for ages 18-30, they were in person interviews, and there were limited spots. By 1979 the location of the program had moved a few times but found a permanent home in NS 21 at Bakersfield College and Nancy Perkins was named the program director at age 31.

The program over the years flourished, transformed, and advanced as technology improved the program. The school added new equipment, expanded rooms, and established a scholarship in Perkins’ name with the help of Tom Gelder and Kathy Haasfield. In 2017 Jacelyn Hill became the program director and continued the development of the program and honored Perkins’ achievements and many years of ded- ication to the Rad Tech Program. A bench was installed with a plaque named in Perkins’ honor. The bench is next to the Math and Science building near the packing lot under trees.

The Bakersfield Col- lege Rad Tech program produces 80% of the imaging technicians that apply for jobs locally. There has been 100% job placement for graduate in the last seven years who com- plete the program. The program has exceeded above national averag- es for students who pass the board exams their first time. The program won and has been in the top five Rad Tech Bowl Competition ACE.

In the future, they would like to grow the imaging program with the help of the community. The program would also like to re- search the community needs and offer help to grow in mammography, CT/MAKI over time.

It’s important to re- alize whether you are a vegan, thinking about going vegan, or not vegan at all, veganism looks different on everybody.

Veganism isn’t one specific body type.

I wrote in my vegan myths column, that it’s a common myth that people think that all vegans are skinny. Of course, it’s nor- mal for the body to change when switch- ing from a meat to plant-based diet, but it doesn’t mean it’ll all automatically make that person super thin.

When I first told my peers that I’m veg- an some blantly said, “You’re a vegan?” But I thought vegans are thin.

Do those who believe this myth imagine veg- ans eating celery and leafy greens all day? Or were they just trying to hurt my feelings?

Either way, the stigma of veganism and thinness is real.

Don’t say this stereotype to a vegan. Vegans don’t have to appear thin to look like a vegan or people don’t become vegan to lose weight.

Yes, I’m vegan, but no, I’m not thin. Neither are thousands of other vegans.

There were many reasons why I wanted to become a vegan.

Mainly, I felt guilty about eating animals and I just did not want to eat them. I also wanted to try it so I could be skinny, because, at the time, I believed in the myth that all vegans are thin. In my defense, I was 12 and there were not many vegans or veg- etarians that I knew like me in the media I could look up too.

The wrong reason to go vegan is for weight loss or weight gain. I certainly know that now.

Everybody’s body is different. So, it does not mean a person will gain or lose weight af- ter becoming vegan.

Some stay the same weight even after changing to the vegan diet.

For myself, my body did change after be- coming vegan, but the truth was I did not have the right resourc- es to stay healthy. I lost too much weight than I should have in a short period, therefore, it led to me having surgery to get rid of my gallbladder. After finding the right resources and eating a vegan diet without worrying about my weight, I regained some weight and decided not to lo- se weight in vegan diet and weight at the same time.

But who cares?

No one should go into the vegan lifestyle worrying about how it’ll affect their body, at least when it comes to looks. I’m not a thin veg- an and I’m fine with the way my weight is it is now. I used to look like a vegan, thinking about going vegan, or not vegan at all, because, at the time, I believed in the myth that all vegans are thin. In my defense, I was 12 and there were not many vegans or veg- etarians that I knew like me in the media I could look up too.

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For myself, my body did change after be- coming vegan, but
Jones Art Gallery showcases faculty work

By Jacqueline Aquian
Reporter

Paintings, sculptures, drawings and animations were presented in the Wiley and May Louise Jones Gallery at Bakersfield College. With new craftsmanship every semester, art in the exhibit is often done by students along with photography taken by the students who attended art and photography classes this semester. But the latest art exhibit featured art from faculty.

The newest art gallery exhibit opened Oct. 24 and will be available until Nov. 27. It is open Monday through Thursday from 1 p.m. to 4 p.m., there is limited time for students and faculty to view the work from faculty at BC. The art in the gallery for this semester is done through a variety of mediums like painting, drawing, or sculpting.

Artist Ariene Velis displayed a gloss blue white jellyfish hanging. "My work often resembles something found in nature, as I replicate the textures and patterns of the world around me," said Velis in her commentary. She often finds her inspiration for her artwork in her travels, architecture, reading and nature.

Another art piece, by Brian Stanton, features three wood cut arts displayed side by side. Each has their own story though there are all by one man. "As an undergraduate I drew inspiration from my overseas studies making Tibetan Wood Cut art," Stanton's commentary said.

The wood on his art was glossed up and sanded, making it seem like they were paintings and not wood carvings.

The faculty art is still available for students and other staff to view for a limited time.

A few of the variety of art pieces from faculty display in the Wiley and May Louise Jones Gallery at the the Grace Van Dyke Bird Library at Bakersfield College. The art exhibit opened on Oct. 24 until Nov. 27.

Artist, Joseph Tipay's art pieces “Blocks” (close right) and “Visiting Hours” (far left) display in the Grace Van Dyke Bird Library at Bakersfield College. In Tipay’s artist statement, "I draw from my experience of life long parental incarceration. This struggle has allowed me to connect to family members who have gone through similar experiences. Over time they have share intimate details of the events that have shaped their lives. Along with this deep-rooted knowledge, I conduct informal interviews as well as research to create and support this social narrative."

Artist, , Yvonne Cavanaugh’s art piece “Collapse” display in the Wiley and May Louise Jones Gallery at Bakersfield College.

Artist, Diego Gutierrez Monterrubio’s art pieces “Look at my BIG pencil” (left) and “El Triste Pintor” display at the Wiley and May Louise Jones Gallery in the Grace Van Dyke Bird Library at Bakersfield College. In Monterrubio’s artist statement, "In life, I believe everyone should reflect on their senses or convictions and respond accordingly. As artist, I respond by creating imagery that comes from within or stimulated by circumstances. My preference is in paint or sculpture, but I am also a writer and a poet.

I have been creating art work for over 40 years with no plans to stop. My grandfather was artist and I have always considered art my ultimate inheritance and purpose which has led me to dream and live in my own world of art."
Renegades football ends the season 3-7

BC’s Ernest Jackson (37) gets pumped up with Luke Soto (84) before the final season game against College of the Canyons at Memorial Stadium, on Nov. 16. The Renegades came away with their seventh loss of the season, 24-7, and ended the season with three wins, seven losses.

BC’s Justin Harrington (4) tries to intercepts the ball with Zach Hernandez (11) during the first half of the season finale game against College of the Canyons at Memorial Stadium, on Nov. 16. The loss is their seventh and final of the season.

Bakersfield College’s sophomores Labrevon Austin (8) and Paxton Winders (19) embrace each other during BC’s sophomore night and their final home game at Memorial Stadium.

A sky diver from San Joaquin Valley Sky Dives enters with the American flag at Memorial Stadium, on Nov. 16, to honor the veterans at Bakersfield College.
Men’s soccer wins again

By Luis Rojas

Bakersfield College Men’s soccer team hosted Citrus College at the Soccer field, Nov. 12, to play one of their last games of the season. The Renegades wanted to close their season strong and a victory would keep their hopes alive for the conference title.

The scoreboard was opened for the Renegades in the eighth minute by Jared Lee who was assisted by Edgar Gonzalez. Their lead only lasted eight minutes as Citrus defender tied the game with a header.

Before the end of the first half, the ones in red put the 2-1 with another header of Gilberto Guerra.

The second half remained scoreless but with the same intensity as the Renegades controlled the game and managed to defend the lead and the victory over Citrus.

In the last twenty minutes of the game, Citrus College pressured the home team but couldn’t score. Bakersfield College goalkeeper, Armando Alvarado made some important saves towards the end of the game and it was enough to get the victory 2-1 over Citrus College.

With this result, the Renegades improve their record to 9-7-3 and 3-2-2 in the conference. They need a victory over College of the Canyons next Friday to have a chance for the conference title.

“It was a must-win for us to stay in the hunt for playoffs and a conference title. It comes down to one game, one final on Friday, on the road,” Coach Vayron Martinez said.

He seemed motivated and satisfied with the team’s effort and hopes to have a good performance on Friday, for their last conference game. Martinez also mentioned that he is proud of his team and thanked the fans for the support in their last home game.

Women’s soccer triumphs

By Jacqueline Gutierrez

The Bakersfield College Women’s soccer team crushed the West LA Wildcats with a score of 5-0 on Nov. 5.

This win moved the Renegade Women’s Soccer Team up in their conference.

During the game, the Renegades attempted 17 goals on the West LA goalie, Jessica Alvarez, but Alvarez only managed to save 12 of the 17 goals resulting in the five-point win for BC.

In contrast, the West LA Women’s soccer team did not get close enough to attempt any goals on the Bakersfield College goalie.

The first goal was scored by Katherine Rodriguez (13), a freshman midfielder at Bakersfield College, in the 25th minute of the first half.

In the first half of the game Amy Montes (12), a member of the competing West LA Wildcats, earned a yellow card.

Rhyan Acosta (8), a sophomore forward at BC, scored at goal in the 43rd minute of the game and shortly after she scored another goal and she brought the score to 3-0.

In the second half of the game Nikolle Pratt (12), a freshman midfielder at Bakersfield College, helped Acosta score another goal which brought the score to 4-0.

Near the end of the game Aaliyah Cleveland (21), a sophomore forward at Bakersfield College, scored another goal and she brought the final score to 5-0.

Mid-Season Awards

NFL By Tyler Frost

By Tyler Frost

Ten weeks into the NFL season, we have a pretty good idea of what players and teams will continue to be big time as we head toward winter.

Though football is the ultimate team sport, it should still evaluate the individually helping their unit win games. Let’s take a break to recognize which stars are playing at the highest level. All statistics are retroactive to Nov. 12.

NFL Most Valuable Player: Russell Wilson (Seattle Seahawks)

Russell Wilson is the sure-fire MVP of the league thus far. His Seattle Seahawks are 9-2 on the season, and Russell has been the main reason for their success.

Wilson leads the league in touchdown passes with 25, has thrown for over 2,700 yards, and has thrown just two interceptions all year. Most impressive of all, he has led five game-winning drives in what is supposed to be a rebuilding season for Seattle.

AFC Offensive Player of the Year: Lamar Jackson (Baltimore Ravens)

Lamar Jackson has proven to be a true dual threat with a style of running we haven’t seen at this level. Many say he cannot make NFL throws, but his 2,006 yards, and 15 passing touchdowns, and the Ravens 7-2 record speaks otherwise.

We will see how Jackson does when defenses catch on to his play style, but for now we must give credit where credit is due.

NFC Offensive Player of the Year: Christian McCaffrey (Carolina Panthers)

A candidate for league MVP, Christian McCaffrey is doing things that have never been seen before from a white running back. His 909 rushing yards are just two shy of the league lead, and his 11 rushing touchdowns are tied for the most in the NFL.

CMC has caught 48 passes for about 400 yards and three touchdowns. His all around play and high usage rate adds a unique dynamic to the Panthers offense.

NFL’s Defensive Player of the Year: Minkah Fitzpatrick (Pittsburgh Steelers)

Minkah Fitzpatrick has completely turned things around for the Pittsburgh Steelers since they acquired him on Sept. 16th. Fitzpatrick is a turnover machine, as he leads the NFL with five interceptions, forced two fumbles, recovered two fumbles, and scored two defensive touchdowns.

After starting off 1-4, Minkah Fitzpatrick has elevated the Steelers to playoff contention.

NFL Offensive Rookie of the Year: Josh Jacobs (Oakland Raiders)

Josh Jacobs leads all rookies in rushing yards with 811, which is nearly 400 yards more than the next best rookie, tailback. The Raiders are surprising many with their 3-4 record, and their top-notch offense. Jacobs adds balance to the Raiders offense and takes pressure off quarterback Derek Carr. Jacobs value is tremendous, and he will certainly add to the Raiders’ touchdown total as the season winds down he has already recorded.

NFL Defensive Rookie of the Year: Nick Bosa (San Francisco 49ers)

Nick Bosa is essentially a lock for Defensive Rookie of the Year, and a candidate for Defensive Player of the Year. Selected second overall in April’s draft, Bosa has proven to be the missing piece for the 49ers who have arguably the best defense in the NFL.

Bosa has recorded 29 tackles, seven sacks, and forced three turnovers. The 49ers have an 8-1 record, with their pass rush led by Bosa being a big part in what they do.

Women’s soccer triumphs

By Jacqueline Gutierrez

The Bakersfield College Women’s soccer team crushed the West LA Wildcats with a score of 5-0 on Nov. 5.

This win moved the Renegade Women’s Soccer Team up in their conference.

During the game, the Renegades attempted 17 goals on the West LA goalie, Jessica Alvarez, but Alvarez only managed to save 12 of the 17 goals resulting in the five-point win for BC.

In contrast, the West LA Women’s soccer team did not get close enough to attempt any goals on the Bakersfield College goalie.

The first goal was scored by Katherine Rodriguez (13), a freshman midfielder at Bakersfield College, in the 25th minute of the first half.

In the first half of the game Amy Montes (12), a member of the competing West LA Wildcats, earned a yellow card.

Rhyan Acosta (8), a sophomore forward at BC, scored a goal in the 43rd minute of the game and shortly after she scored another goal and she brought the score to 3-0.

In the second half of the game Nikolle Pratt (12), a freshman midfielder at Bakersfield College, helped Acosta score another goal which brought the score to 4-0.

Near the end of the game Aaliyah Cleveland (21), a sophomore forward at Bakersfield College, scored another goal and she brought the final score to 5-0.

Mid-Season Awards

NFL By Tyler Frost

By Tyler Frost

Ten weeks into the NFL season, we have a pretty good idea of what players and teams will continue to be big time as we head toward winter.

Though football is the ultimate team sport, it should still evaluate the individually helping their unit win games. Let’s take a break to recognize which stars are playing at the highest level. All statistics are retroactive to Nov. 12.

NFL Most Valuable Player: Russell Wilson (Seattle Seahawks)

Russell Wilson is the sure-fire MVP of the league thus far. His Seattle Seahawks are 9-2 on the season, and Russell has been the main reason for their success.

Wilson leads the league in touchdown passes with 25, has thrown for over 2,700 yards, and has thrown just two interceptions all year. Most impressive of all, he has led five game-winning drives in what is supposed to be a rebuilding season for Seattle.

AFC Offensive Player of the Year: Lamar Jackson (Baltimore Ravens)

Lamar Jackson has proven to be a true dual threat with a style of running we haven’t seen at this level. Many say he cannot make NFL throws, but his 2,006 yards, and 15 passing touchdowns, and the Ravens 7-2 record speaks otherwise.

We will see how Jackson does when defenses catch on to his play style, but for now we must give credit where credit is due.

NFC Offensive Player of the Year: Christian McCaffrey (Carolina Panthers)

A candidate for league MVP, Christian McCaffrey is doing things that have never been seen before from a white running back. His 909 rushing yards are just two shy of the league lead, and his 11 rushing touchdowns are tied for the most in the NFL.

CMC has caught 48 passes for about 400 yards and three touchdowns. His all around play and high usage rate adds a unique dynamic to the Panthers offense.

NFL’s Defensive Player of the Year: Minkah Fitzpatrick (Pittsburgh Steelers)

Minkah Fitzpatrick has completely turned things around for the Pittsburgh Steelers since they acquired him on Sept. 16th. Fitzpatrick is a turnover machine, as he leads the NFL with five interceptions, forced two fumbles, recovered two fumbles, and scored two defensive touchdowns.

After starting off 1-4, Minkah Fitzpatrick has elevated the Steelers to playoff contention.

NFL Offensive Rookie of the Year: Josh Jacobs (Oakland Raiders)

Josh Jacobs leads all rookies in rushing yards with 811, which is nearly 400 yards more than the next best rookie, tailback. The Raiders are surprising many with their 3-4 record, and their top-notch offense. Jacobs adds balance to the Raiders offense and takes pressure off quarterback Derek Carr. Jacobs value is tremendous, and he will certainly add to the Raiders’ touchdown total as the season winds down he has already recorded.

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READ MORE
Visit our website to read more about the NFL Mid-Season awards.

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KCCD tries to negotiate new successor contract
By Bianca Cacciola
Reporter

The Kern Community College District has been negotiating a new successor contract with the California School Employees Association (CSEA) since May. After a negotiation meeting on Oct. 31, KCCD had to declare impasse in result of an unsuccessful attempt to reach an agreement with CSEA on monetary items that were desired by the district.

“The district will be filing the required paper-work with the Public Employee Relations Board (PERB) in the next few days. Despite filing for impasse, the District remains willing and eager to talk with CSEA as long as CSEA is willing to really help solve this issue,” Gill said.

CSEA and the District have met on a total of eight dates in an attempt to negotiate a successor agreement, according to the KCCD/CSEA updated notification form.

A recent meeting helped a picking event on behalf of the District workers on Oct. 11 in Ridgecrest.

“What we are trying to accomplish here is just to pick up fair wages similar to what is going on similarly to other community colleges,” CSEA Chapter President Mike Barrett said to the Daily Independent Newspaper.

A similar picking event took place in Bakersfield at the corner of 21st Street and I Street on Oct. 31.

Monetary articles that were being negotiated would help the KCCD nearly $1.6 million if all articles were agreed upon. The costly areas that were being discussed were “additional time, compensation, fringe benefits, holidays, and vacation.”

If negotiations would have gone through, CSEA would have received extra days such as five additional vacation days, additional reasonable release time for Chapter President or designee, increase in their current contract language, and more. The district in return would receive 2.5 percent off of 2018-2019 schedule, wages not less than 90 percent of current contract language, and two percent on the 2019-2020 schedule according to the KCCD/CSEA updated notification form.

“There have been no further negotiations with CSEA since impasse was declared,” Davis said.

Executive Dysfunction
Mental Health
By Paige Atkinson
Senior Digital Editor

While executive dysfunction can be sympto-
mology in and of itself, it can also be a symptom of various disorders such as ADHD, depression, and bipolar disorder among other diagnoses. So what is executive dysfunction? Executive dysfunction is a term for the skills that involve mental control and self-regulation.

In layman’s terms, it is extreme difficulty in regulating your emotions and completing everyday tasks. This can involve difficulties in starting tasks, stopping behaviors, managing emotional responses, transitioning between tasks, managing working memory, and organization. So what can you do to treat executive dysfunction and thrive despite it?

Utilize time-organizing tools
Since executive dysfunction makes or-

ization and initiating tasks particularly difficult, it is important to utilize the tools around us to better your ability to stay on track. The first step is to invest in a planner. Whether it be a physical planner or an online version, planning your days and tasks in advance is the best way to make a world of difference.

But just simply writing down one’s tasks will not help in initiating those tasks. Help yourself further by utilizing the tools around you to carry out tasks. If you find something you are feeling overwhelmed by, take a step back from the situation and take deep breaths. Try to think through the ramifications of the situation.

Avoid drugs and alcohol
Drugs such as nicotine, alcohol, and can-

abis can greatly impair your executive function. Stimulants like nicotine and cocaine can lead to memory impairment and lessening control of impulses. Depressants like cannabis can severely worsen your executive function as well. It is best to avoid drugs and alcohol in order to preserve your working memory, ability to complete tasks, and emotional control.
International artist creates local mural as an homage to Cesar Chavez

By Luis Rojas

The city of Bakersfield was visited by Andres Iglesias, an international art muralist from Santa Fe, Argentina. Iglesias is best known in the artistic world by the name of Cobre, which means copper.

Iglesias was contacted by the Hub of Bakersfield as an initiative to enrich and improve the town of Bakersfield with this kind of murals.

According to The Hub of Bakersfield, a nonprofit organization, Iglesias was contacted and asked if he could paint a mural for the city. He had some days off before heading to San Francisco to paint an eight-story mural of activist Greta Thunberg.

During his short stay in Bakersfield Cobre painted a mural in homage United Farm Workers (UFW) founder, Cesar Chavez. It was an homage to Chavez, who according to Iglesias is a person who represents the city of Bakersfield. According to other sources, Iglesias said that he feels connected with Chavez because they both left their comfort zone to seek luck in other places, away from home. Chavez fought for the rights of farm workers back in the 1960s and his work and dedication helped improve the conditions that many farm workers have to day.

The mural is located at the corner of L and 18th st, across the street from Sequoia Sandwich Company. The mural is painted in three different tones; black, grey, and white. The technique is called photorealism and it is painted very detailed, just like a photo. Cobre was able to start and finish in three days. Cobre used spray paint for his mural, something which can be intricate when it comes to all the small details.

Some of his works include murals in Argentina, Spain and the US, where he made a portrait of actor Robin Williams in the city of San Francisco. When it comes to deciding what to paint, Cobre likes to choose a person or figure that resonates with the city where the mural is going to be painted at. The mural of William Robinson that Cobre painted a year ago was picked because Williams lived in the Bay Area in his early life. The Williams mural was schedule to be taken down due to new construction in that area of the city.

Civil Rights Activist, Cesar Chavez mural painted by international muralist Cobre. The mural is located downtown at the corner of L and 18th St. across from Sequoia Sandwich Company.
By Jocelyn Sandusky
Reporter

The highly anticipated launch of Apple's new subscription service, Apple TV+, was extremely disappointing. Much of the buzz surrounding the new streaming service was attributed to the debut of their original drama series, "The Morning Show." But despite major star power and a socially relevant premise, the first episode of "The Morning Show" is dull, and Apple should be paying its customers for taking on the chore of watching it.

"The Morning Show" tries too hard to make a statement. Everything is meticulous and has an underlying meaning and message. While a show needs to be multi-faceted, the subjects they focus on need to be well thought out and purposeful. "The Morning Show" touches on a variety of subjects like women empowerment, ageism, journalistic integrity, sexism, power dynamics and sexual harassment but fails to delve into them enough to make discussing them worthwhile.

The series also comes across as a little over-dramatized, boarding on a soap opera. The score, cinematography, lighting and direction make it look and sound like disaster is always imminent. Scenes that include minor hiccups are portrayed like someone is going to die within seconds. The cheesiness of parts of the show cheapens the scenes that deal with important issues like the Me Too movement.

The only redeeming quality about "The Morning Show" is the performances given by its powerhouse cast. In her return to television, Jennifer Aniston gives it her all to make audiences like and sympathize with her character Alex Levy. To juxtapose the glitz and glamour of Levy's (Aniston) life and job, Reese Witherspoon is as feisty as ever to expose the nitty-gritty of the journalism world. Even if her character, Bradley Jackson, isn't the most likable, Witherspoon's charm makes her relatable.

Though he isn't in the show much, Steve Carrell perfectly captured what Matt Lauer's meltdown probably looked like when he was fired off the Today show for sexual harassment. Just like Lauer has in the past, Mitch Kessler blames everyone but himself for his inappropriate actions.

If the show were a character study instead of a socially charged drama, the hour-long runtime might have been worth it. But even then, the characters aren't interesting or likable enough to follow around for over an hour. On paper, the characters are dull and one-dimensional. At the end of the first episode, it is doubtful anyone was on the edge of their seats to find out what would happen to such boring and horrid people.

With a production value of $15 million an episode, audiences deserved something more structured and far less sloppy. They deserved something interesting and well-written.

"The Morning Show" is a shell of an idea that tries much too hard. Apple needs to go back to the storyboards and refine what could have been important social commentary.

By Isabel Enciso
Reporter

Op-ed: The best way to get over a break-up

We have all been there. If it was being cheated on or a relationship that just ended out of the blue.

Having the feeling of being lost and hurt and not knowing what to do after the break-up.

Now, in my perspective going through a break-up can be the saddest but the best thing to happen to anyone. But there are so many ways to get over a break-up then reinventing yourself.

I believe that one of the best ways to get over a break-up is just hanging out with friends.

Whether if you are a boy or girl, being with your friends who can make you laugh and forget all about the girl or guy you were with is the best. Going and hanging out at like seeing movies, getting ice cream, bowling, drinking if you are old enough, or even just staying at home with them. You don't always have to go out with friends to get over some and forget how crapy they are.

I think my second favorite best way to get over a break-up would be stay at home, in bed, and cry until your makeup is ugly with a tub of ice cream.

Just letting go of all the emotions you had to hold then letting you go in the comfort of your own bed.

Man, hell to it scream in a pillow until you can't breathe, make a bonfire and burn the things that were given to you by her or him, or break old glasses to get the anger out.

These are ways that I believe that are the best, but some may not agree. There are different ways then these to get over a hurtful break-up.

Another way my friend told me the best way to get over someone is to get under someone. Thus, meaning to go and have a one-night stand with a random person in order to get over that crappy ex of yours.

Even going clubbing with the girls will work just as cracking a cold one with the boys.
CASA holds superhero run fundraiser

By Tiarra McCormick

The Court Appointed Special Advocates for Children (CASA) held a yearly running event where the theme of the run was superheroes. According to the Kern website, CASA is a “local non-profit which speaks up for children in Kern County who have been abused and neglected and are currently navigating the foster care system.”

A CASA volunteer, according to the Kern CASA website, is a “sworn officer of the court whose job is to provide the juvenile court judge or referee with an independent assessment of the circumstances of the child.”

The volunteer must meet the various requirements like pass a fingerprint, background check, attend 32 hours of training, and maintain weekly contact with the child. The volunteer must also attend the court hearing, “protect and ensure each child’s right to a safe, permanent home.”

The CASA run was sponsored by the community, local businesses, and donations. The event helps advocate for children and give a Child a voice. People could sign up for the 2k, 5k, and 10k where they could walk or run and they could participate in teams, families, or as an individual. Others who wanted to give back to the program volunteered their time during the event, become “Crusader” for the event they “funded by asking for donations” to support the local non-profit organization.

During the event there were various vendors, a DJ, and a costume contest. There was a raffle for prizes at the end of the event for anyone that collected all the stamps from various vendors at the event. Participants received a “Superheroes Medal” for their hard work and the proceeds received during the event go to Kern County foster children, training, and to help supervise volunteers. The program is a great help for children who need an advocate and someone to help them build a better future for themselves.

TIARRA MCCORMICK / THE RIP

Winners of the Costume Contest at the CASA Super Hero Run at Riverwalk Park, Nov. 9.