

NURSE ASSISTANT

GENERAL INFORMATION

The Nurse Assistant (NA) course prepares the student to provide services to those who need health care. The student will learn the role of the caregiver, the healthcare environment, healthcare safety; adult needs in health and illness and basic care giving skills. Upon successful completion of the Nurse Assistant course, the student is eligible to take the competency exam for a Certified Nurse Assistant administered by the American Red Cross. This provides proof to the California Department of Public Health that the student has met the requirements for licensure. Students with certain misdemeanor and/or felony convictions may be prevented from receiving certification or licensure from the State - clarification can be provided upon request.

MISSION

The Nurse Assistant Program is an integral part of Bakersfield College. The nursing faculty endorses the institutional mission through the application of our vision and goals, to empower our students and community to succeed by providing exceptional instruction and services in a supportive environment, as well as the goal of providing all students with the competencies necessary for learning and earning. Nurse Assistant is one of the allied health occupations providing services to the community.

RECOMMENDED COURSES

- MEDS B60 – Medical Terminology is highly recommended prior to taking the NA course.

PRE-REQUISITE REQUIREMENTS

Prior to the beginning of the NA program, and then throughout the course, students are required to show proof of a valid American Heart Association Basic Life Support (BLS) – Healthcare Provider card.

Bakersfield College offers MEDS B52 Basics Life Support for Healthcare Providers course.

FEES INFORMATION

Students are responsible for enrollment fees, physical examinations, immunizations and/or vaccines, drug and alcohol screening, and uniform attire. The estimated cost of fees, examinations, textbooks and uniforms for the program is approximately \$1,000.00. Financial Aid may be available. See Estimated Cost sheet at:

<https://www.bakersfieldcollege.edu/sites/bakersfieldcollege.edu/files/CNA%20Estimated%20Program%20Costs%20rev%201-23-15.pdf>

REGISTRATION INFORMATION

Students register for this course during assigned registration appointment days and times.

Register for classes web link <https://www.bakersfieldcollege.edu/registerforclasses>

PROGRAM REQUIREMENTS

PHYSICAL EXAMINATION REQUIREMENTS

A physical examination completed by a Healthcare Provider, of the student's choice, is required upon entering the Program. This is to demonstrate that a student is in good physical and mental health, and meets the *Essential Technical Standards* necessary to meet the course objectives. Appropriate immunizations and/or vaccinations are also required, and are performed at the student's expense.

ESSENTIAL TECHNICAL STANDARDS

Bakersfield College nursing faculty have the responsibility to educate competent nurses to safely care for their patients and families using critical judgment, broadly based knowledge, and refined technical skills. Individuals interested in applying for admission to the programs should review the *Essential Technical Standards* to develop a better understanding of the skills, abilities and behavioral characteristics required to successfully progress in, and graduate from our programs. To be qualified for the BC ADN Program individuals must be able to meet *Essential Technical Standards*, with or without reasonable accommodations. For further information regarding services and resources to students with disabilities and/or to request accommodations please contact the *Disabled Student Programs & Services* located at Student Services Building, 1st Floor, Counseling Center (661-395-4334).

ESSENTIAL TECHNICAL STANDARDS			
PART I (CON'T): To be completed by student			
Requirements	Standards	Examples	Student's Initials
Mobility	Physical ability, flexibility, strength, and stamina	<ul style="list-style-type: none"> • Various abilities for long periods of time, including: standing, walking, bending, flexing, twisting, kneeling, reaching over head above shoulders • Pushing, pulling, lifting and carrying a minimum of 35 pounds • Assist patients with repositioning, transfers, and/or transport • Move quickly to respond to emergencies 	
Motor Skills	Coordination and dexterity	<ul style="list-style-type: none"> • Gross and fine motor skills sufficient to perform patient care and procedures such as manipulate medical equipment and accessories, knobs, buttons, computers, and keyboards. 	
Visual	Use of sight	<ul style="list-style-type: none"> • Visual skills, depth perception, color identification necessary to perform assessments, including signs and symptoms; read body/facial expressions; read and interpret written word 	
Hearing	Use of auditory sense	<ul style="list-style-type: none"> • Ability to hear and interpret environmental noises, including verbal orders, equipment and fire alarms, cries for help, elements of physical assessment 	
Tactile	Use of touch	<ul style="list-style-type: none"> • Ability to sense heat, cold, pain, pressure 	
Communication	Use the English language effectively by means of speech, reading, and writing. Demonstrate sensitive and effective interactions with patients, families, and health care team	<ul style="list-style-type: none"> • Accurately elicit, interpret, and convey medical and other info using verbal, nonverbal, written, assisted (TTY) and/or electronic devices • Effectively communicate with individuals and teams • Determine a deeper meaning or significance in what is being expressed • Connect with others to sense and stimulate reactions 	
Acquire Knowledge	Ability to possess clinical inquiry, seek resources of knowledge, and become a life-long learner	<ul style="list-style-type: none"> • Demonstrate curiosity while learning • Acquire, conceptualize and use evidence-based information • Develop solutions and responses beyond memorization 	
Clinical Judgment	Ability to critical think, problem solve and make decisions Intellectual and conceptual abilities	<ul style="list-style-type: none"> • Accomplish, direct, and interpret assessment of persons, families and/or communities • Develop, implement and evaluate plans of care or direct the development, implementation and evaluation of care 	
Professional Attitude	Demonstrate concern for others, integrity, ethical conduct, interest, motivation, and accountability Acquire interpersonal skills for professional interactions with diverse individuals, families, and health care teams Emotional and mental stability	<ul style="list-style-type: none"> • Maintain effective, mature, and sensitive relationships with clients/patients, students, faculty, staff and other professionals under all circumstances • Function effectively under stress and adapt to changing environments • Operate in different cultural settings • Work productively, drive engagement, and demonstrate presence as a member of a team 	

DRUG / ALCOHOL SCREENING

As a condition of enrollment into any Allied Health course with a clinical laboratory component, students are required to submit to, and pass a designated drug and alcohol screening at the student's expense. Additionally, students may be asked to undergo a drug and alcohol screening anytime during the semester.

BACKGROUND SCREENING AND LICENSURE ELIGIBILITY

- Student must submit fingerprints for Department of Justice screening.
- Student will need to provide a social security card and a valid picture ID, such as a state driver's license, state identification card, passport, US Military ID card, permanent resident visa.
- Students are required to show proof and maintain of a valid American Heart Association Basic Life Support (BLS) – Healthcare Provider card. This BLS card must be valid until the end of the current enrollment of the NA program.

ADDITIONAL PROGRAM COSTS

- Student will need to purchase the required equipment/totes, uniforms, shoes, and sweater or lab coat.
- Student will need to provide transportation to off-campus clinical education sites.

NURSE ASSISTANT CURRICULUM

Course	Course Description	Units
MEDS B69	Nurse Assistant	6.0
NOTE: Fall/Spring laboratory hours will be 12 hours on Fridays Summer laboratory hours will be 12 hours on Thursdays & Fridays		

LICENSURE/CERTIFICATION ELIGIBILITY

Students with misdemeanor and/or felony convictions may be prevented from receiving certification or licensure from the State. Anyone who wishes clarification may contact the Department of Public Health at CNA@CDPH.CA.GOV

AFFIRMATIVE ACTION/EQUAL OPPORTUNITY STATEMENT

In accordance with the requirements of the Civil Rights Act, Bakersfield College provides services and benefits to students regardless of race, color, national origin, gender, age, religion, marital status, medical condition or physical or mental disability. The lack of English language skills will not be a barrier to administration and participation in vocational education programs. *(Title VI and VII of the Civil Rights Act of 1964, as amended; Title IX of the Education Amendments of 1972; and Section 503 and 504 of the Rehabilitation Act of 1973, as amended.)*