2015-2016 A Plan of Health and Wellness for the Campus’ and Community of Bakersfield College

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Assessment:

Identified the comparisons and contrasts between the illness model of health care familiar to the community in general and a health equity model of care which supports student success as measured by Progression and Completion.

Identified a track toward realizing Student Learning through the Core Value of Wellness and ultimately informed self-care, heightened emotional resilience and high level Wellness.

Support Progression and Completion by identifying and reducing barriers to Wellness (decreasing class absenteeism) by expanding the services of Student Health and Wellness which is are student centered and congruent with the intent of Title V.

Operationalize the concept of Facilities focusing on: the transition from the inefficient, antiquated and costly curation of paper charting to electronic medical record (EMR); upgrade technology to support EMR; and create safe, hygienic and confidentially secure work, examination and therapeutic environments.

Leadership and Engagement in concert with local community agencies and state and national professional organizations with shared and or congruent missions and goals.

Leadership and Engagement through the processes established in Strategic Directions such as reports and Program Review.

Diagnosis:

The Student Health Center has a long history of providing compassionate and professional care. However, this has occurred without a coherent vision and unifying leadership.

The mission statement was not fully congruent with that of the college and did not adequately expand on the Core Value of Wellness.

As tasked in Strategic Directions 5.8 we are not fully or effectively capable of ensuring that the Health and Wellness college value is integrated into campus activities and meetings as yet.

There is a dearth of well-organized and retrievable data to support the initiatives, and direct interventions with a sustainable vision and ultimately create a Strategic Direction.
Student centered direction of services and initiatives is lacking at present.

Planning:

Student Health and Wellness Services Initiatives in Strategic Directions

1. Tobacco Free Campus (3.18)
   a. Currently with KCCD
   b. Attended tobacco and cessation counseling and pharmacotherapy class Santiago College
   c. Continue nicotine cessation promotional activities
   d. Follow progress of AB 1594 McCarty

2. Meeting internal program deadlines (4.13)

3. Ensure the health and wellness college value is integrated into campus activities and meetings (5.6)
   a. Working with Dean Collier to establish a campus (faculty, student and staff) Health Committee

Student Health and Wellness Services events, marketing and activities which support a campus culture change which encourages Initiatives 3.18 and 5.6:

1. Flu Vaccine Clinics

2. Annual Health Fair which this year included a showcase of opportunities and services to the campus and surrounding community which contribute to high level holistic wellness beyond the traditional illness/medical model and is consistent with Healthy Campus 2020. The Health Fair featured keynote speakers Nan Gomez-Heitzberg, Matt Constantine and Eileen Eggert w/ media coordination

3. Personal discussions with students, staff, faculty and administrators which market health services and suggest collaborations

4. Adopt Electronic Medical Record keeping meeting current medical legal standards, document standard and expected health screening, collect data, become alternate funding stream and grant eligible. In addition to eliminate the cost of the maintenance of paper records (05/24/16 pending funding)

5. Adopt onsite formulary to increase the value of service and increase compliance and therefore effectiveness of treatment (05/24/16 funded order pending)
6. Subscribed to the Student Health 101 Program which will make available peer reviewed and topical health promotion and address Title IX requirements. 2519 total visits since all campus promotion in June.

7. ACHA/NACHA Student Health Survey from which to develop a Strategic Plan which will drive future Initiatives. To be conducted Fall 2016 (funded and pending the week following Labor Day).

8. Collaboration with KCPH Task Force to ultimately prevent, diagnose and treat STD/I's.

9. Supported the first (02/16) Delano Campus Health Fair and inspect services and facilities.


04/01/16 Speaker Criminal Justice on the topic of suicide.
04/11/16 Equity TV Student Health Services and suicide.
04/16 Two offerings of suicide intervention (QRS) done by CSUB Counseling
QRS to be repeated Fall 2016.

Art for Impact, a program developed to engage students about and destigmatize mental illness (pending Fall 2016).

Established a Facebook page and promotion a student health promotional e-zine product Student Health 101 (317 visits).

Student Health & Wellness Services support functions:

1. Allied Health
   a. Allied Health Physicals/Technical Standards
   b. Flu Vaccine
   c. PPD
   d. Validation of immunization and review of titers
   e. Through data collection via EMR and ACHA Survey provide real world data sets to support Allied Health, Public Health and other potential client curricula

2. Student Life
   a. Behavioral/emotional health mandated care
b. Medical treatment of Depression &/or anxiety

c. Peer counseling
d. Grief counseling

3. FACE
   a. PPD
   b. Community Care Licensing Exams
   c. Glucose and blood pressure screening for Nutrition Students

4. Food Services
   a. PPD

5. DSPS
   a. ADHD evaluation
   b. ADHD medical treatment (continuing during re-evaluation)

6. Counseling Center
   a. Emotional, situational evaluation
   b. Medical evaluation

7. Veterans Club by making available group counseling including but not limited to grief

8. Equity and Inclusion
   a. Student Ambassador Demonstration Project expanding our typical Student Worker Job Description to include duties, services and experiences which enhance and promote the five Equity Indicators
   b. Lower the inequalities and inequities which contribute to illness and suboptimal wellness

9. All Departments and Programs
   a. First Aid kit restocking (approx. 125 units)

10. Title IX Coordinator
   a. Student Health 101 content covering sexual assault awareness and prevention under Title IX, Campus SaVE.

11. Education Code 222 compliant lactation area (pending and working with liaison Maria Itani).