Services Overview
The Student Health & Wellness Office is not a physician's office. Medical services are limited.

- First Aid / Care provided for injuries
- Over the Counter (OTC) medications
- Tuberculosis Skin Tests (PPD)
- Health Education and Information
- Health Screenings
  - Blood Pressure Checks
  - Vision Screening
  - Tobacco Cessation Counseling
  - Blood Glucose Screening
  - Body Composition (BMI)
- Short-term psychotherapy
- Treatment of short-term illnesses (bladder infection, sore throat, etc.)
- Short-term prescription medications when ordered by the college provider (limited)
- Seasonal Flu Vaccine
- Student Accident Reports

Treatment of Minors
Any student under the age of 18 is required to have a parental consent form signed before receiving treatment, except in emergencies or cases exempted by law.

Hours
Call for appointment availability, (661) 395-4336.

Fall and Spring Semesters
Monday 10:30 am - 6:30 pm
Tuesday-Thursday, 8:30 am - 4:30 pm
Summer Semester
Days, times, and types of service will vary. Please visit our web page for current information: https://www.bakersfieldcollege.edu/student/health

PLEASE call ahead if you are hoping to be seen, by any of our providers, as a “walk-in”. There are times the office must be closed so that all staff can attend meetings or other out-of-office activities.

The office is closed all campus holidays and during the spring and winter breaks. (See current Schedule of Classes for dates) Summer Semester has a separate schedule for days of service and office hours.

Helpful Phone Numbers:
911 for Medical Emergencies
BC Public Safety: (661) 395-4554
Kern County Public Health: (661) 321-3000
Kern County Mental Health: (661) 868-6800
24-Hour Crisis Hotline: (800) 991-5272

Bakersfield College
Student Health & Wellness Center
"Health is the Heart of the Matter"

Find us on Facebook
http://Facebook.com/BCStudentHealth/
(661) 395-4336

BAKERSFIELD COLLEGE
1801 Panorama Drive CC-3, Bakersfield, CA 93305
https://www.facebook.com/BCStudentHealth/
P: (661) 395-4336 F: (661) 395-4235 Updated: 1/17
Frequently Asked Questions

Do I have to pay to be seen?
No. Full or part-time students who have paid the health fee and are registered at the time of service in credit-bearing classes, for the current semester, are eligible for health services. Eligibility for services is verified at each visit. Services that are prescribed to outside sources may require out of pocket or insurance charges. Bring your student ID card and/or number.

Can I get over the counter medications?
Yes. If you need aspirin, cough drops, Band-Aids, ibuprofen, acetaminophen, feminine hygiene products, condoms, etc., just come to Student Health Services anytime during regular office hours.

Do you offer Mental Health?
Yes. Mental Health Counseling Services provides assistance to students who are struggling with stress or troubling personal problems. Real life problems such as work stressors, financial concerns, illness, family pressures, and relationship issues can be distracting, making it difficult to concentrate on academic work. Our goal is to assist you with short term-personal counseling to deal with the life challenges that can hinder your academic progress. The Student Health Counseling services are not meant to be long-term. Community referrals will be made in the event long term interventions are required. All services are completely confidential (with special legal exceptions).

Services Offered

Appointments are encouraged for all of our services (exception: urgent illness or acute injury - in the case of a life-threatening condition, 911 should be called first). Walk-ins are available upon a first come first serve bases.

First Aid for Campus Accidents or Injuries
For Emergencies please contact Public Safety at (661)395-4554. In the case of a life-threatening condition, 911 should be called.

TB (tuberculosis) Testing Offered Monday and Tuesday. The patient must return 48-72 hours later for test to be “read” and receive a certificate of results.

Registered Nurse Consultations
Health & Wellness counseling, illness assessment, advice, referral to community resources.

Nurse Practitioner Consultations
Initial diagnosis and treatment of short-term illnesses, and physical examinations for Allied Health and Child Development. The Nurse Practitioner at Student Health Services may write short-term prescriptions for some conditions and emergency refills. We do not fill outside prescriptions.

Mental Health Counseling
Brief personal counseling is available by licensed MFT and LCSW’s.

Smoking Cessation Counseling
Information about the effects of tobacco on the body and how to quit, as well as community resources.

STD Testing Options
Kern County Public Health (661)-321-3000
Planned Parenthood (661)-634-1000

Student Health 101

Student Health 101 is our monthly e-magazine that address the topics of nutrition, traveling, food and academics. This magazine coincides with the Student Health and Wellness Center’s ideal that promoting the physical, emotional and spiritual health of our students will contribute to their academic success.

You can add your subscription by texting BAKERSFIELDCOLLEGE to 40691.

http://readsh101.com/bakersfieldcollege.html

Special Events

•Breast Cancer Awareness Month
•Mental Health Awareness Month
•Renegade Flu Shot Clinic
•Great American Smoke Out
•Renegade Pulse Health Fair
•Suicide Prevention Training
•HIV/STD Awareness