RESOURCE FAMILY TRAINING SERIES

BY DR. JUDY SULLIVAN OSTERHAGE

Dr. Judy Sullivan Osterhage is an Early Childhood Specialist with 40 years of experience working with children and families, she is the director of the Foster and Kinship Care Education Program of Santa Barbara City College. Judy’s research is on the impact of early childhood trauma effects on brain development and behaviors. Judy is a certified parenting coach and a certified family mediator.

REGISTRATION: 661-395-4991

BAKERSFIELD COLLEGE
Foster & Kinship Care Education Program

DATES:

• JANUARY 29, 2019, 4:00PM-6:00PM  
  Choices & Balancing Control  
  Diminish the power struggles with sharing the control with choices.

• JANUARY 29, 2019, 6:00PM-8:00PM  
  Setting & Keeping Limits  
  Setting limits and following through

• FEBRUARY 26, 2019, 6:00PM-8:00PM  
  Consequence & Discipline without Losing Their Love  
  Practical, relational consequences without anger and outburst.

• MAY 16, 2019, 6:00PM-8:00PM  
  Teaching Children to Problem Solve  
  Steps & Strategies to help children solve their own problems.

• JUNE 25, 2019, 6:00PM-8:00PM  
  Types of Parenting Styles  
  Learn about different parenting styles and the advantages & disadvantages of each type.

Location for 1/29/19 & 2/26/19:  
Kern County DHS  
Family Team Conference Room  
3711 Columbus St.  
Bakersfield CA 93306

Location for 5/19/19 & 6/25/19:  
BC Weill Institute  
Room 102  
2100 Chester Ave.  
Bakersfield, CA 93301