



## Kinesiology AA Degree - CSU 2 Year Plan

- Recommendation guide this is not an educational plan.
- Courses do not have to be completed in the order listed, except for listed prerequisites
- Golden four courses must be completed during the first year. **(\*Bolded)**

**For questions  
contact the  
Advising Center  
at 559-791-2329  
Location: AC-126**

	Freshman			Sophomore		
	Summer	Fall	Spring	Summer	Fall	Spring
<b>60+ Units</b>						
Major Requirements		KIN P101 <i>Introduction to Kinesiology (3)</i>  KIN P103 <i>Beginning Weight Training (1-2)</i>  <b>or</b> KIN P106A <i>Shape Up Aerobic Exercise (1-2)</i>  <b>or</b> KIN P143 <i>Intercollegiate Team Conditioning (1-2)</i>  Math P122 <i>Introduction to Probability and Statistics (4)</i>  <b>or</b> PHYS P104A <i>Physics for Scientists and Engineers (4)</i>	ANAT P110 <i>Human Anatomy (4)</i>  KIN P147A <i>Beginning Soccer (1)</i>  <b>or</b> KIN P160 <i>Body Movement: Country Western Line Dancing (1)</i>		CHEM P101A <i>General Chemistry I (5)</i>  <b>or</b> BIOL P110 <i>Principles of Biology (5)</i>  KIN P112A <i>Beginning Tennis (1)</i>  <b>or</b> KIN P160 <i>Body Movement: Country Western Line Dancing (1)</i>	PHYL P101 <i>Introductory Physiology (5)</i>
General Education Requirements		<b>A-2 Written Communication</b>  <b>B-4 Mathematical Concepts, Quantitative Reasoning and Applications</b>	<b>A-1 Oral Communication</b>  <b>A-3 Critical Thinking</b>			